

## New 1-day Course Format

- **Learn techniques that will quickly enhance your patient outcomes**
- **Become confident when determining which patients will benefit from Grade V Mobilizations**
- **Ample lab time and review to be able to apply the Grade V's in your clinic right away**
- **Become effective and proficient when choosing and performing Grade V Mobilizations**

*This course is intended for you to learn, review, and be able to leave applying Grade V Mobilization techniques that can immediately be used with your patients*

### Instructors

#### **Andrew Brenan, DPT, OCS, FAAOMPT**

Andrew is a graduate of the Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Therapy and has been teaching manual therapy long and short term courses since 1994. He is currently a clinical specialist at Kaiser South Sacramento in the outpatient orthopedic department. He has taught Grade V courses with Clare since 2007 and is currently faculty of Kaiser Hayward Fellowship program.

**Contact info:** coned@comptsig.org

*All registrations to be made at [comptsig.org](http://comptsig.org)*

#### **Clare Lewis DPT, MPH, PsyD, FAAOMPT**

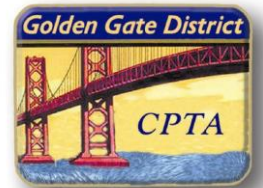
Clare is a certified manual therapist from the Stanley Paris Institute and is a professor at CSU Sacramento. She has taught the orthopedic class for majors for 14 years. She practices at Remedy Rehab doing orthopedic out-patient manual therapy. Clare also holds doctorates in clinical psychology & organizational psychology.

# GRADE V MOBILIZATION

Clinically relevant  
frequently used,  
evidence based  
techniques.

San Francisco, CA

Sunday, May 22nd  
8 Hours (0.8 CEUs)



Sponsored by

California Orthopedic Manual Physical Therapy  
Special Interest Group and Golden Gate District  
of the California Chapter of the APTA

[www.comptsig.org](http://www.comptsig.org)

# Learn, review, practice and integrate spinal and peripheral GPM-V techniques into your practice!

## How is this course different than the others?

- We offer a low instructor to student ratio (1:12)
- There is ample practice time with ALL techniques
- You'll receive detailed feedback to effectively refine your handling skills
- Our intent is to help build your confidence!
- Extensively detailed notebook (including pictures, case studies & evidence)
- Clinical reasoning on how to have immediate success with the techniques

## In this course you will learn:

- Indications and contraindications for use of GPM-V techniques
- Selected techniques for the cervical, thoracic, lumbar spine, and peripheral joints
- Current evidence underlying GPM-V techniques
- Common pitfalls in technique implementation
- Clinical reasoning for technique selection and progression
- Strategies for addressing clinical reasoning problems of clinicians
- Legislative issues affecting PT practice

## Intended audience:

- Current practice in an orthopedic PT setting
- Prior exposure or course work in manual therapy

## Course Schedule

8:00 am – Registration/Intro  
8:30-9:15 - Evidence  
9:15-10:00 - Hip  
10:00-11:00 - Thoracic Rotary  
11:00-11:45 - CT junction  
11:45-12:30 - Lumbar  
12:30-1:30 - Lunch (on own)  
1:30-2:20 - Cervical  
2:20-3:15 - Thoracic: Supine PA  
3:15-4:00 - SIJ  
4:00-5:00 - Technique review

**Act Now! Space is limited.**

## Host Facility Details:

**UC San Francisco School of Medicine,  
Faculty Practice  
1500 Owens Street, Suite 400  
San Francisco, CA 94158**

## Day of course contact information:

**Andrew Brenan at (916) 801-2627**

## Register Online at:

[www.comptsig.org](http://www.comptsig.org)

## Tuition:

COMPTSIG Members - \$180

APTA Members - \$210 (includes  
COMPTSIG membership)

Non-APTA Members - \$300

## Questions/more info:

[coned@comptsig.org](mailto:coned@comptsig.org)

## Deadline:

Please register by 4/12/2016

## Instructor/Student Ratio:

1:12

## Educational Level:

Intermediate/Advanced

## Maximum Enrollment:

24 Participants

## Audience:

Physical Therapists only