

## Do you want to be:

- € **exposed to techniques that will quickly enhance your patient outcomes?**
- € **confident when determining which patients will benefit from Grade V Mobilizations?**
- € **taught in an environment with enough lab time to adequately learn Grade V's?**
- € **confident, effective and proficient when choosing and performing Grade V Mobilizations?**

**Then this course is for YOU. Learn Grade V Mobilization techniques and be able to immediately apply them to your patients**

### Instructors

#### **Andrew Brenan, PT, OCS**

Andrew is a graduate of the Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Therapy and has been teaching manual therapy long and short term courses since 1994. He is currently a clinical specialist at Kaiser South Sacramento in the outpatient orthopedic department. He has taught this Grade V course with Clare since 2007

#### **Clare Lewis MSPT, MPH, PsyD, MTC, FAAOMPT**

Clare is a certified manual therapist from the Stanley Paris Institute and is a professor at CSU Sacramento teaching the orthopedic class for the last 11 years. She practices at Remedy Rehab doing orthopedic outpatient manual therapy. Clare also holds doctorates in clinical psychology & organizational psychology.

**Questions/Inquiries: Andy Brenan**  
**(916) 801-2627 [andybrenan@mac.com](mailto:andybrenan@mac.com)**

**Saturday, March 24<sup>th</sup> 2012**  
**Sunday, March 25<sup>th</sup> 2012**  
**1.5 CEU (pending)**

**Optional third day**  
**Saturday, April 28<sup>th</sup> 2012**  
**.7 CEU (pending)**

### **LOCATION**

Sacramento State: PT Dept  
Solano Hall, Room 3003



### **Sponsored by**



California  
Orthopedic Manual  
Physical Therapy  
Special Interest Group  
[www.comptsig.org](http://www.comptsig.org)

### How is this course different than the others?

- € We offer a low student:teacher ratio
- € There is ample practice time with ALL techniques
- € You'll receive detailed feedback to effectively refine your handling skills
- € Our intent is to help build your confidence!
- € Extensively detailed notebook (including pictures, case studies & evidence)
- € Clinical reasoning on how to have immediate success with the techniques

### In this course you will learn:

- € Indications and contraindications for use of GPM-V techniques
- € Selected techniques for the thoracic, lumbar spine, and peripheral joints
- € Current evidence underlying GPM-V techniques
- € Common pitfalls in technique implementation
- € Clinical reasoning for technique selection and progression
- € Strategies for addressing clinical reasoning problems of clinicians and students
- € Legislative issues affecting PT practice

**Intended audience:** ? Current practice in an orthopedic PT setting ? Prior exposure or course work in manual therapy

**Day 1 & 2**  
1.5 CEU (pending)

**Day 1 Saturday**  
March 24, 2012

8:00 am Registration  
8:30-10:30 Evidence, Indications & Developing Speed  
10:30-10:45 Break  
10:45-12:30 Talocrural & Cuboid  
12:30-1:30 Lunch on your own  
1:30-3:10 Local Lumbar & SIJ  
3:10-3:20 Break  
3:20-5:00 Thoracic Supine PA & Rotary PA

**Day 2 Sunday**  
March 25, 2012

8:30-9:00 Day 1 Questions  
9:00-10:00 Physiological Basis  
10:00-10:30 Common Pitfalls  
10:30-12:15 Thoracic Rotary PA & Supine PA progression  
12:15- 1:15 Lunch on your own  
1:15-2:30 SIJ & Local Lumbar progression  
2:30-3:00 Break  
2:45-4:00 Talocrural & Cuboid progression  
4:00-5:00 Clinical reasoning and patient consent

**Day 3**  
.7 CEU (pending)

**Day 3 Saturday**  
April 28, 2012

8:30-9:00 Intro  
9:00-9:30 Technique review including problem solving and strategies for technique improvement  
9:30-12:00 Small group break out Lab sessions  
12:00-12:30 Ethical Decisions  
12:30-1:30 Lunch  
1:30-3:30 Physiological Basis  
3:30-4:30 Opportunities and Challenges

**Act Now!**  
**Space is limited.**

**Day 1 & 2 Tuition:**  
**\$370 COMPSIG Members**  
**\$400 APTA Members**  
**Day 3 Tuition: \$130 COMPTIG & APTA Members**  
**\$190 Non-Members**

**Registration deadline:**  
**March 14, 2012**

**\* \$25 cancellation fee.**  
**Cancel in writing to**  
**andybrenan@mac.com**

### Registration Form:

#### Pay by credit card or check

**CREDIT CARD:** [WWW.COMPTSIG.org](http://WWW.COMPTSIG.org)

**CHECK:** Make your check payable to

#### COMPTSIG

1. COMPTSIG Members \$370 (Day 1&2) or \$500 (All 3 Days)
2. APTA Members (includes COMPTSIG membership) \$400 (Day 1&2) or \$530 (All 3 Days)
3. Non-APTA Members \$585 (Day 1&2) or \$775 (All 3 Days)

Fill in the information below and mail this form, a copy of your CA PT license and a check payable to COMPSIG to:

**Andy Brenan COMPT SIG**  
**2576 Campden Way Sacramento, CA**  
**95833**

Name \_\_\_\_\_

Address \_\_\_\_\_

Work Phone \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

List prior exposure to OMPT: \_\_\_\_\_

**Registration Deadline**

**March 14<sup>th</sup> 2012**

**Questions/Inquiries: Andy Brenan**

**(916) 801-2627 [andybrenan@mac.com](mailto:andybrenan@mac.com)**

**Tuition includes notebook.**

Sponsors reserve the right to cancel and return payments in the event of insufficient enrollment.

? APTA members check box to decline COMPTSIG membership

