

Do you want to be familiar with:

- Current evidence that supports the clinical use of the centralization phenomena?

And be able to:

- Differentiate directional preference and centralization?
- Identify responses in the history that implicate a derangement syndrome?
- Identify clinical tests used to identify directional preference and centralization?
- Implement appropriate treatment regimes based on examination results?
- Recognize when a progression of forces may be indicated?
- Confidently perform manual techniques to identify and enhance centralization?

Then this course is for YOU.

Instructors

Yvonne Body, PT, Dip MDT

CA license #17046

Graduated from Mount St. Mary's College in 1990 with a B.S. in Physical Therapy and a B.A. in Psychology. Formally introduced to the McKenzie approach in 1996. Attended the Diploma Program in 1999 and received the Dan Morgan Award of Excellence from the Institute. A faculty member of the McKenzie Institute since 2001. Teaches the entire educational course series given by McKenzie Institute. Currently in active clinical practice with PRN, in La Jolla.

Kathy Hoyt, PT, Dip MDT

CA license #7090

Graduated from Columbia University with a certificate in Physical Therapy in 1974. Completed the Kaiser Hayward Orthopedic Residency in 1980. Began studying with McKenzie in 1977; instrumental in founding the McKenzie Institute. Earned diploma in MDT in 1991. Senior faculty member, McKenzie Institute, for 10 years. Currently involved with online educational training for the Institute, the MDT APTA Recognized Fellowship, faculty development and clinical examinations. Has active clinical practice in Long Beach.

Questions/Inquiries:

Call Kathy Hoyt at 562-595-5752

**Improving Outcomes
Utilizing the
McKenzie Centralization
Concept
and Manual Therapy
in the Lumbar Spine**

**Saturday,
June 30, 2012**

.7 CEUs pending

LOCATION

California Rehabilitation
and Sports Therapy
2101 East 4th Street, Suite 170B
Santa Ana, CA 92705



Sponsored by
California
Orthopedic Manual
Physical Therapy
Special Interest Group
www.comptsig.org

Learn, Practice and Integrate

Clinical interpretation of the centralization phenomena has been shown to be a good predictor of outcomes and a guide to developing effective and efficient treatment programs.

In this course you will...

- Examine current evidence that supports the clinical use of the centralization phenomena and directional preference
- Learn how to implement appropriate treatment regimes based on examination results
- Identify when a progression of forces may be indicated
- Integrate centralization and manual therapy techniques into your practice

Audience: (Beginning to Intermediate) PTs who have some previous exposure to manual therapy and are treating patients with lumbar pain

How is this course different than the others?

- **We offer a low student:teacher ratio**
- **There is ample practice time with ALL techniques**
- **Focus is on clinical reasoning so you can have immediate success with the techniques**
- **Relevant video case studies are reviewed for true clinical understanding and application**

Saturday a.m., June 30, 2012

.7 CEU (pending)

8:15 Registration

8:30 Introduction/MDT Overview

8:45 Centralization Evidence Review

9:15 Operational Definitions: Centralization and Directional Preference

10:00-10:15 Break

10:15 History Taking and Examination

11:00 Terminology

11:15 Treatment/Progression of Forces Concept

12:15 Questions

12:30-1:30 Lunch

Saturday p.m., June 30, 2012

1:30 Lumbar Case Studies (Sagittal Responders)

2:15 Lumbar Technique Practice – Posture Correction, EIL with O/P, Extension Mobilization

3:00-3:15 Break

3:15 Lumbar Case Studies (Lateral Responders)

4:00 Lumbar Technique Practice – EIL with Hips Off-Center, Shift Correction

5:00 Questions/Summary

5:15 Conclusion

Act Now!
Registration deadline:
June 15, 2012

Space is limited.
Enroll early.

Tuition: *
\$130 COMPSIG Members
\$160 APTA Members
\$256 Non-Members

*** \$25 cancellation fee. Cancel in writing to Rebecca de Ruyter at rebecca@calrehab.com**

Registration Form

1. COMPTSIG Members \$130
2. APTA Members (includes COMPTSIG membership) \$160
3. Non-APTA Members \$256

Pay by credit card or check
Credit Card: www.comptsig.org
Check: Payable to COMPTSIG

Register online at **www.comptsig.org** or clip and mail this form, a copy of your CA PT license and your check to:

COMPTSIG
REBECCA de RUYTER
California Rehabilitation and Sports Therapy
2101 E. 4th Street, #170B
Santa Ana, CA 92705

Name _____

Address _____

Work Phone _____

Home/Cell Phone _____

Email _____

List prior exposure to OMPT:

Registration Deadline June 15

Tuition includes course notes, breakfast and snacks.

APTA members: check box to decline COMPTSIG membership

Questions/Inquiries:

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Sponsors reserve the right to cancel and return payments in the event of insufficient enrollment.

