

New 1-day Course Format

- **Learn techniques that will quickly enhance your patient outcomes**
- **Become confident when determining which patients will benefit from Grade V Mobilizations**
- **Ample lab time and review to be able to apply the Grade V's in your clinic right away**
- **Become effective and proficient when choosing and performing Grade V Mobilizations**

This course is intended for you to learn, review, and be able to leave applying Grade V Mobilization techniques that can immediately be used with your patients

Instructors

Andrew Brenan, PT, OCS, FAAOMPT

Andrew is a graduate of the Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Therapy and has been teaching manual therapy long and short term courses since 1994. He is currently a clinical specialist at Kaiser South Sacramento in the outpatient orthopedic department. He has taught Grade V courses with Clare since 2007 and is currently faculty of Kaiser Hayward Fellowship program.

Contact info: andybrenan@mac.com

All registrations to be made at compsig.org

Clare Lewis DPT, MPH, PsyD, FAAOMPT

Clare is a certified manual therapist from the Stanley Paris Institute and is a professor at CSU Sacramento. She has taught the orthopedic class for majors for 14 years. She practices at Remedy Rehab doing orthopedic out-patient manual therapy. Clare also holds doctorates in clinical psychology & organizational psychology.

GRADE V MOBILIZATION

Clinically relevant
frequently used,
evidence based
techniques.

San Francisco, CA

Sunday, April 26th
8 Hours (0.8 CEUs)



Sponsored by

California Orthopedic Manual Physical Therapy
Special Interest Group and Golden Gate District
of the California Chapter of APTA

www.compsig.org

Learn, review, practice and integrate spinal and peripheral GPM-V techniques into your practice!

How is this course different than the others?

- We offer a low instructor to student ratio (1:12)
- There is ample practice time with ALL techniques
- You'll receive detailed feedback to effectively refine your handling skills
- Our intent is to help build your confidence!
- Extensively detailed notebook (including pictures, case studies & evidence)
- Clinical reasoning on how to have immediate success with the techniques

In this course you will learn:

- Indications and contraindications for use of GPM-V techniques
- Selected techniques for the cervical, thoracic, lumbar spine, and peripheral joints
- Current evidence underlying GPM-V techniques
- Common pitfalls in technique implementation
- Clinical reasoning for technique selection and progression
- Strategies for addressing clinical reasoning problems of clinicians
- Legislative issues affecting PT practice

Intended audience:

- Current practice in an orthopedic PT setting
- Prior exposure or course work in manual therapy

Course Schedule

8:00 am - Registration
8:30-9:15 - Evidence
9:15-10:00 - Hip
10:00-11:00 - Thoracic Rotary
11:00-11:45 - CT junction
11:45-12:30 - Lumbar
12:30-1:30 - Lunch (on own)
1:30-2:20 - Cervical
2:20-3:15 - Supine PA
3:15-4:00 - SIJ
4:00-5:00 - Technique review

Act Now! Space is limited.

Host Facility Details:

UCSF School of Medicine, Faculty Practice
1500 Owens Street, Suite 400, S.F. CA 94158

Park behind the building in street level lot.
Parking fees will apply.

Day of course contact information:

Andrew Brenan at (916) 801-2627

Register Online at:

www.comptsig.org

Tuition:

COMPTSIG Members - \$180
APTA Members - \$210 (includes
COMPTSIG membership)
Non-APTA Members - \$300

Questions/more info:

coned@comptsig.org

Deadline:

Please register by 4/12/2015

Instructor/Student Ratio:

1:12

Educational Level:

Intermediate/Advanced

Maximum Enrollment:

24 Participants

Audience:

Physical Therapists only